#### **OSPA VIRTUAL WINTER RETREAT FEBRUARY 2021**

# Defensible, Trauma-Informed Sexual Abuse and Molestation Investigations in Schools

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# **Agenda**

#### Part 1

- Sexual Harassment Law Basics
- Introduction to Trauma in Sexual Harassment
- Intersectional Considerations

#### **Questions & Break**

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#### Part 2

- Impact of Trauma on Investigations
- Practical Tips for Defensible, Trauma-Informed Investigations

#### **Questions**

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# **Before We Begin**

#### What This Is

- Informational
- Title IX Training (post to web)

### **What This Is Not**

- Legal Advice
- Exhaustive
- Comprehensive Title IX Training

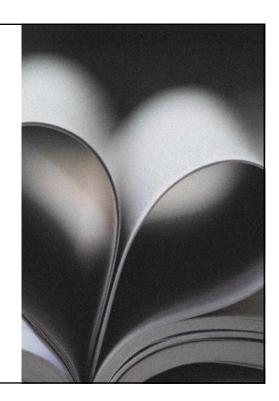
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# Defensible, Trauma-Informed Sexual Abuse and Molestation Investigations in Schools

PART ONE

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# Sexual Harassment Law Basics



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# **Sexual Harassment**

#### **Employment**

- Oregon Law (e.g., ORS 659A.030
- Title VII of the Civil Rights Act of 1964
- Title IX of the Education Amendments of 1972

#### **Students**

- Oregon Law (e.g., SB155; ORS 419B.005)
- Title IX

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#### THE HILL

New Title IX regulations give expanded rights to those accused of sexual assault on campus |...



#### IIII Inside Higher Ed

New Title IX regulation sets location-based boundaries for sexual harassment...



#### FOX III NEWS

Department of Education releases new Title IX regulations

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## **New Rule**

Formal notice and rulemaking process (stronger force of law)

Initially proposed November 2018

~ 125,000 comments

Over 2,000 pages of commentary, rules issued May 2020

Final rule effective August 14, 2020



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# **Big Changes Under New Rules**

- Narrower Definition of "Sexual Harassment"
- Only applies to conduct "in a program or activity" or "in the U.S."
- Clear Application to Employment
- Extensive requirements + procedures

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# **Impact on Student Reports**

- Sexual harassment definition between laws is quite broad
- Most sexual abuse and molestation will be covered by Title IX if in a program or activity and in the United States
- If not, will likely be covered by Oregon law

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# **Education**Week

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# Schools Could See U-Turn on Civil Rights Under Biden



By Christina A. Samuels — December 02, 2020 () 8 min read

Civil rights activists expect the next education secretary will restore guidance to schools that she rescinded on transgender students' rights, sexual assault, and school integration efforts.

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# **Trauma Pendulum Swing**

- Obama-era guidance supported a traumainformed, victim-centric approach
- Trump-era rules did not prohibit traumainformed training/processes but noted that misuse can violate rules
  - > At least some courts have agreed with this approach
- Biden-era will we see a swing back toward a victim-centric approach?

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# **Until We Hear Differently**

- Must continue to apply the Title IX Rules
- Should ensure all Title IX team members are trained
- Should continue to focus on fairness of processes, including with respect to trauma

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# Introduction to Trauma in Sexual Harassment



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What is Trauma? An emotional response to a terrible event

Complex
Trauma?
Repetitive and
Continuous in
nature

Trauma has real and lasting effects on the brain, if we understand this, we can collect better evidence while also providing a safe environment to parties

# What is Trauma?

#### The 3 $\mathbf{E_s}$

- An emotionally painful or distressing event
- 2. The experience of the event induces an abnormally intense and prolonged stress response
- 3. The event and experience of the event result in lasting physical & mental effects

#### **TYPES OF TRAUMA**

#### **Extreme Acute Event**

Examples: car accident, assault, natural disaster

#### **Chronic Stressful Events**

Examples: abuse, violence, poverty, historical, systemic

#### **Childhood Traumatic Grief**

Typical grieving process is complicated if the death was traumatic

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Bruce D Perry © 2004-2015

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# The brain's response to trauma

The <u>amygdala</u> detects whether a stimulus (person or event) is threatening and the <u>hippocampus</u>, the center of short-term memory, links the fear response to the context in which the threatening stimulus or event occurred. These two brain structures also play an important role in the release of stress hormones such as cortisol and adrenaline influencing the capacity of the <u>prefrontal cortex for</u> regulating thought, emotions, and actions, as well as keeping information readily accessible during active learning.

Georgetown University Center for Child and Human Development

Prefrontal Cortex

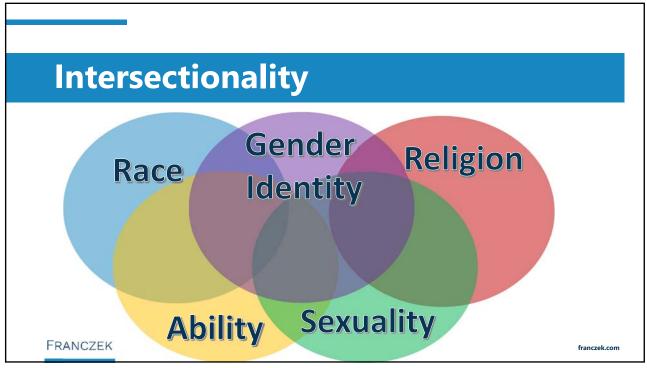
Hippocampus

Amygdala

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# **Intersectional Concern**

 If your investigative approach assumes all sexual violence matters have a common denominator or follow a universal narrative, you may improperly prioritize those who fit that narrative and, even inadvertently, further marginalize those who are already vulnerable.

Grace Kyungwon Hong, AAUP, Intersectional and Anticarceral Approaches to Sexual Violence in the Academy

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# **Questions & Break**



# Defensible, Trauma-Informed Sexual Abuse and Molestation Investigations in Schools

**PART TWO** 

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# Impact of Trauma on Investigations



# **Impact on Effective Response**

- We all have explicit and implicit biases, including stereotypes about gender roles, sexual assault, and domestic violence
- Such bias can undermine the effectiveness of a response to reports

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Department of Justice,
Identifying and Preventing Gender Bias in Law Enforcement
Response to Sexual Assault and Domestic Violence franczek.com

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# **Impacts of Trauma**

#### **Trauma – Understanding impact**

Disorganized recall/processing
Difficulty making decisions; may change mind about
wanting to make a complaint or go to police

#### Trauma – Counter-intuitive "victim" behavior

Demeanor (crying, rage, calm, unresponsive) Limited effort to resist during event Questioning self ("why didn't I," "maybe my fault") Delayed reporting . . . recantation

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# **Impacts of Trauma**

#### **Trauma – Stages of recovery**

- Initial shock
- Reactivation
- Denial
- Anger (Responding Party, self, others)
- Integration

#### Trauma - Your own personal bias?

- Deciding who/what to believe
- False reports (exceedingly rare)
- Over-identify with Reporting Party/Responding Party

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# **Examples of Impacts**

- A complainant did not call out for help despite there being people within earshot who could help ("tonic immobility")
- A complainant cannot recall details of the investigation that are essential to the investigator
- A complainant recalls some, but not all details, or describes events out of order

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# **Examples of Impacts**

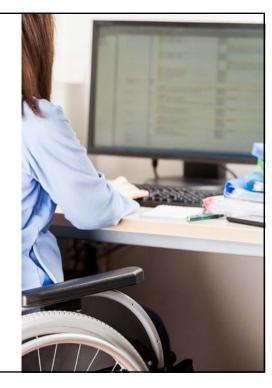
- Memory improves over time
- Impacts on affect—smiling, laughing, stoic

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# Practical Tips for Defensible, Trauma-Informed Investigations



# **Trauma in Practice**

- Trauma should be considered during an investigation
  - > Putting a party at ease is important
  - More likely to obtain sufficient information
  - It's the right thing to do

2019 ATIXA Position Statement:
Trauma-Informed Training and the Neurbiology of Trauma

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## **Trauma in Practice**

Acknowledge pain/difficult situation

- "It's ok if you can't remember every detail in order."
- Focus on what the party can remember, prompt on senses – explain reasoning
- Find out when the fear began
- Offer breaks ("I can tell this is hard")

# **Trauma in Practice**

Do not start at the beginning and demand that the witness provide every detail; instead, ask open ended questions such as:

- "What are you able to tell me about what happened?"
- "Tell me more about. . .?"
- "Help me understand your thoughts when. . .?"
- "What are you able to remember about [5 senses]?"
- "What was your reaction?"
- "What was the most difficult part of your experience?"
  "What, if anything, can't you forget about this experience?

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#### **AVOID BLAMING QUESTIONS**

- Why didn't you tell them directly to stop commenting on your body?
- Why didn't you report sooner?
- Why didn't you go to the hospital right away?
- If you don't remember everything, we can't know what happened?



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#### INSTEAD....

- Did you say anything in response?
- What prompted you to come forward now?
- Did you do anything else?
- Questions about going to hospital or police – relevant to the investigation?



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# **Trauma in Practice**

- Effects of trauma should not be used against a party – to diminish credibility
- Avoid using trauma information as a substitute for evidence or to bolster credibility

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# **Be Fair**

- Avoid biases against respondents, too
- Use similar questioning techniques
- Remember that respondents may also experience stress and trauma

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# Remember

- Investigators are not required to have neurobiology or science background
- Investigators must be careful not to cross the line between appropriate and inappropriate use of trauma-informed practices
- Improper reliance on trauma-informed processes can create a due process violation

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